

# Belfairs Methodist Church

Where old friends meet and strangers feel at home

## Newsletter

Issue 2014

June 2023

### Minister:

*Rev. Clifford Newman*

*1 Glebe Close*

*Rayleigh SS6 9HL*

*Tel: 01268 784402*

*E-mail: cliffordnewman@aol.com*

### Editor:

*Mrs. Sue Spaul*

*Tel: 01702 521344*

*E-mail: sue.spaul@hotmail.co.uk*



### Data Protection Privacy

By submitting an article for publication in the Belfairs Newsletter, you are **consenting** to your name being attributed to the article which is made **publicly available** via the Belfairs Methodist Church Website.

If you do **NOT** want your name to be published, please advise the Editor when submitting the article.

Please read our Privacy Policy for further information. This can be found on the church website or on our church noticeboards.

### Thought for the month

God so loved the world. (John 3:16)

Jesus is the Son of God,  
in whom God is well pleased. (Luke 3:22)

His Holy Spirit lives in us. (1 John 4:13)

**Our mission is to provide an open, welcoming and accepting, living place of Christian worship and service in our community, in which we seek to serve and follow Jesus Christ.**

[www.belfairsmethodistchurch.org.uk](http://www.belfairsmethodistchurch.org.uk)

Dear Friends,

Several people have remarked to me about how late Spring has been this year. However, I never cease to marvel that one minute all is bare and devoid of much colour then suddenly it becomes green again. The hedgerows and trees burst into life and blossom flourish where dry bark and wood once showed. I went to Hyde Hall recently and was surrounded by bluebells carpeting the woodland floor whilst tulips abounded in their different colours. Earlier this year poppies and daffodils decorated the verges and lambs, and gawky ponies relish their newborn life. The evenings are becoming lighter for longer and help us all feel brighter too. Spring is a wonderful time of the year full of colour and joy.

Midst this stands Ascension and Pentecost, a period which reminds of renewal, regeneration of our spirit in communion with the Spirit of God and a lifting of our eyes to heaven. To abide in God is to live in his glory, drawing from the richness of grace. Some take their religion too seriously, wearing it like a heavy cloak. Whereas Jesus said, "Come to me all who labour and are heavy laden, and I will give you rest. Take my yoke upon you and learn from me; for I am gentle and lowly in heart, and you will find rest for your souls. For my yoke is easy, and my burden is light."

Currently much has been made about the lack of respect in our society, that rudeness and boorish behaviour is normal (was it not ever thus?). It can change and begins with each one of us. Just as Spring makes the heart feel glad, so small acts of mercy and kindness make a huge difference. A smile genuinely given melts all but the hard – hearted; polite gestures leaven any day, and a gracious person is envied for the peace that emanates from the core of their being. Then like a ripple on a pond transformation begins.  
God bless you all.

*Rev Clifford Newman*

Please note change of day -- Bible Study Thursday 15<sup>th</sup> June  
Revelation Chapters 4 to 7.

## Sunday Services June 2023

4th	11.00 a.m.	Mr. Mike Spaul
11th	11.00 a.m.	Rev. Clifford Newman - Holy Communion
18th	11.00 a.m.	Rev. Pete Moorhouse - Parade Service
25th	11.00 a.m.	Rev. Clifford Newman

## Other June dates for your diary



- 3rd British Heart Foundation coffee morning 10.00 a.m. (please see poster in newsletter for more details)
- 8th Thirsty For?? at 7.00 p.m. - Café style worship - all are welcome
- 15th Bible Study (please note this is a Thursday not the usual Wednesday)
- 17th Trooping the colour
- 18th Father's Day
- 22nd A.C.T.I.O.N at 2.00 p.m.

## Point of Contact

Below is shown details of the Sunday Stewards, Communion Stewards and musicians relevant for this month.

### **Sunday 4th June**

Sunday Steward a.m. - Mike Spaul

Musician a.m. - Sue & Mike Spaul

### **Sunday 11th June**

Sunday Steward a.m. - Pat Crabb

Communion Stewards - Neeltje Charles & Dawn Howard

Musician a.m. - Anthea Meek

Flowers - V A C A N T

### **Sunday 18th June**

Sunday Steward - Phil Gladman

Musician - Anthea Meek/Mike Spaul

### **Sunday 25th May**

Sunday Steward - Jan Andrews

Musician - Patrick Dromgoole or MIDI File

Flowers - Smitha Thomas for wedding anniversary - arranged by Smitha



BEATING HEART DISEASE TOGETHER

**ANTHEA and ALIX'S ANNUAL  
CAKE SALE AND COFFEE MORNING**

**in aid of**

**THE BRITISH HEART FOUNDATION**

**is on**

**SATURDAY JUNE 3rd**

**FROM**

**10.00-12.00**

There will be.....

- A BOTTLE TOMBOLA .... anything from perfume to vinegar!
- A HOME MADE STALL..... cards, jams, crochet, jewellery etc. etc.
- A CAKE STALL..... always delicious
- A BOOK STALL ....anything from Ladybirds to War and Peace
- A PLANT STALL.....last chance to stock up for summer
- 2 GUESSING GAMES..... plus some puzzles ???????????

**AND**



**some fabulous cakes will be raffled at 12.00 pm!!**

Many of us have reason to be grateful to the research carried out by the BHF, and our donations keep this work going.



## This Hit Home for Me

When a torch grows dim or quits working,  
Do you just throw it away?

***Of course not, You change the batteries***

When a person messes up or finds themselves  
in a dark place, do you cast them aside?

***Of course not! You help them change their batteries.***

Some need AA.... Attention and affection;  
Some need AAA.....attention, affection and acceptance

Some need C..... Compassion;

Some need D..... Direction.

***And if they still don't seem to shine.... Simply sit with them quietly and share your light.***

Ed.

## Back Home

If I had the power to turn back the clock  
go back to the house at the end of the block -  
The house that was HOME when I was a kid  
I know that I'd love it more now than I did.

If I could go back here at my mother's knee,  
And hear once again all the things she told me  
I'd listen as I never listened before  
For she knew so well just what life had in store.

And all the advice my dad used to give,  
His voice I'll remember as long as I live  
but it didn't seem really important then  
What I'd give just to live it all over again.

And what I'd give for the chance I once had  
To do so much more for my mum and my dad  
To give them more joy and a little less pain  
A little more sunshine - a little less rain.

But the years roll on and we cannot go back  
Whether we were born in a mansion or in a shack  
But we can start right now - in the hour that's here  
To do something more for the ones we hold dear.

Ed.



Please remember you are free to put your prayer concerns on the board at the back of the church. If it is not for you, please make sure you have the named persons consent .

Please add your name and date to the request on the reverse of the white cards provided which are by the board. These will be removed after two months, but can be updated if necessary  
(please make sure you re-date the update).

If you have any questions or queries, please speak to Sue.



## A.C.T.I.O.N.

### Afternoon Club on Thursday In Our Neighbourhood

Last month our members had fun making Crowns for the display in the foyer during King Charles 111 coronation week. Lots of gluing and sticking went on combined with chatting and laughter. Together with the ones our brigaders made the foyer looked stunning thanks to Jan and Anthea. Well done! I'm sure that it gave many people a lot of pleasure.

**Our next meeting will be on Thursday 22nd June at 2pm.** All ladies and gentlemen are welcome for an afternoon of friendship and fellowship.

Neeltje



**BEATING HEART DISEASE TOGETHER**

By the time you read this (if it's after 3rd June—Ed.) our big fund raising effort for the British Heart Foundation will have happened and hopefully we will have done well. Many thanks in advance for all who will have helped, and the amount we raised will be in the next Newsletter.

If you weren't able to attend and would still like to donate, please use the tin still lurking in the foyer.

Meanwhile have a go at the puzzles on the following pages!!

Stay heart healthy!!!

Anthea

# HEALTHY FOOD

B	A	K	A	P	R	I	C	O	T	S	K	U	C
R	R	B	R	L	C	O	D	N	L	L	S	M	H
E	T	R	A	E	R	L	N	A	U	I	M	T	E
A	I	O	S	M	A	T	S	I	P	V	N	W	R
D	C	C	P	O	N	R	Q	L	O	P	O	E	R
O	H	O	B	N	B	G	U	Y	V	N	L	U	Y
P	O	L	E	C	E	B	A	N	A	N	A	E	T
S	L	L	R	B	R	F	S	F	M	C	V	S	O
A	E	I	R	X	R	P	H	L	I	R	O	E	M
L	S	M	Y	N	Y	D	D	O	L	A	C	C	A
M	Y	O	G	U	R	T	I	Q	K	B	A	H	T
O	A	H	S	P	I	N	A	C	H	P	D	E	O
N	X	F	I	G	A	R	L	I	C	A	O	E	V
M	D	C	P	L	S	H	E	L	L	F	I	S	H
I	N	C	A	N	T	A	L	O	U	P	E	E	G
P	E	A	N	U	T	S	M	G	I	N	G	E	R



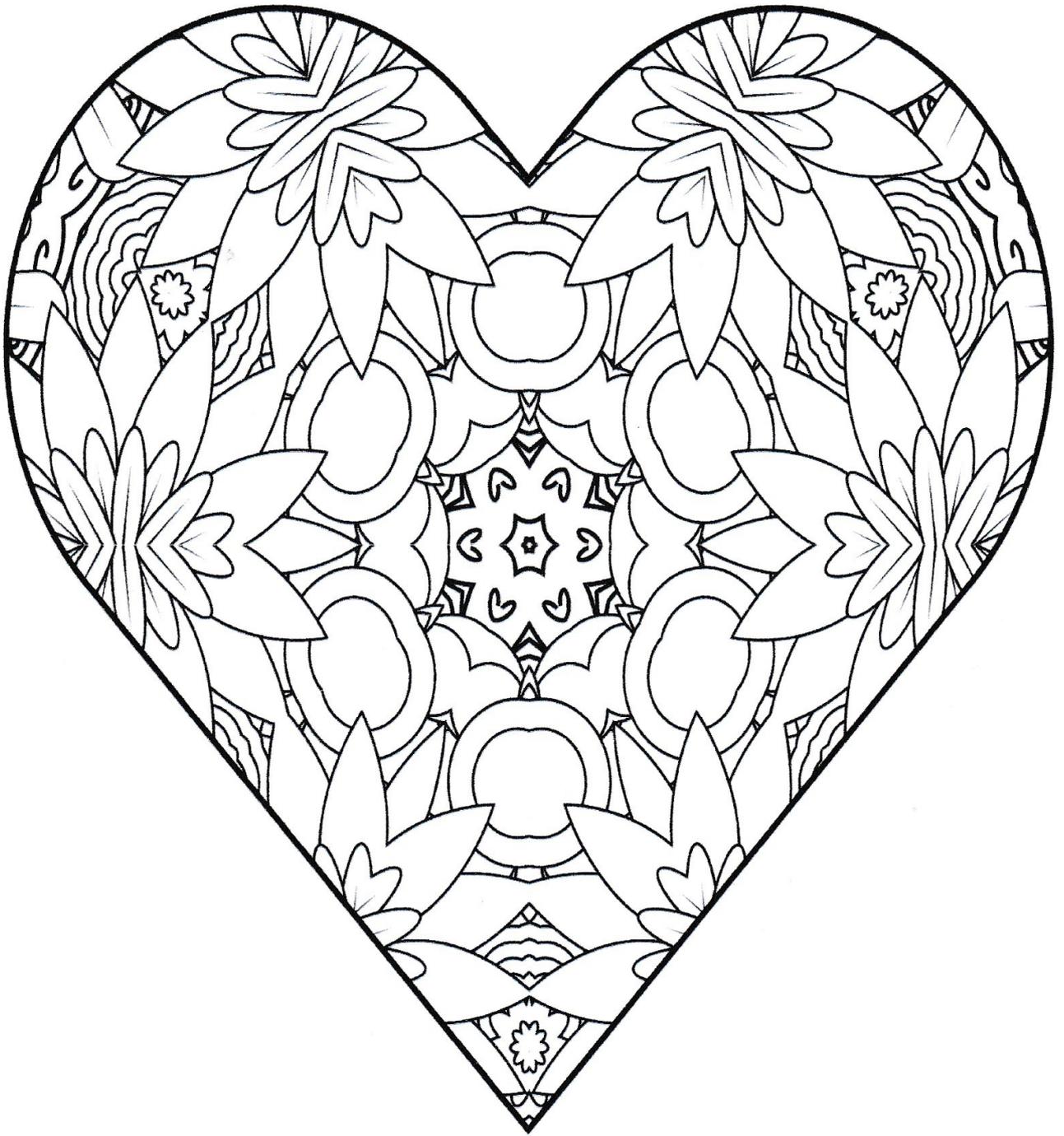
Milk  
Yogurt  
Apple  
Banana  
Broccoli  
Cherry  
Cheese  
Bread  
Apricots

Avocado  
Cantaloupe  
Raspberry  
Tomato  
Cranberry  
lemon  
Lime  
Fig  
Onion

Artichokes  
Ginger  
Spinach  
Squash  
Garlic  
Peanuts  
Shellfish  
Salmon  
Crab



*All good for your heart!!!*



*Keep a healthy heart!*

# National Heart Health Month

E	H	A	R	T	E	R	I	E	S	D	E	E	S
K	S	L	O	R	E	T	S	E	L	O	H	C	H
S	E	F	E	R	U	S	S	E	R	P	K	T	C
I	G	N	I	K	O	M	S	R	O	T	C	A	F
R	W	A	L	K	I	N	G	A	F	O	O	D	S
S	O	R	H	A	F	O	O	H	S	O	C	B	R
H	I	B	C	E	H	R	L	F	A	L	O	L	N
K	C	A	T	T	A	S	U	C	E	K	N	O	P
P	Y	U	F	G	H	R	I	I	T	S	T	O	L
C	L	O	G	S	R	L	T	F	T	S	R	D	A
E	N	H	I	G	H	A	D	C	O	S	O	T	Q
F	I	B	E	R	T	E	I	D	U	O	L	U	U
R	H	U	M	A	N	A	R	N	K	E	R	I	E
A	E	I	Y	E	K	O	R	T	S	T	O	L	C

- CLOGS
- FRUITS
- GRAINS
- PRESSURE
- SEEDS
- HIGH
- FACTORS
- FIBER
- STROKE
- CHOLESTEROL
- ATTACK
- CONTROL
- ARTERIES
- FISH
- HEART
- RISK
- FOODS
- WALKING
- HUMANA
- BLOOD
- DIET
- PLAQUE
- SMOKING
- CLOTS

Play this puzzle online at : <https://thewordsearch.com/puzzle/1822128/>



Take care  
of your heart!!

# Could you you help?



## Choir practice

Church anniversary is Sunday 9th July. Choir practices will be on: Friday 16th, 23rd, 30th June and 7th July, all at 7.00p.m. in the church. All are welcome to join us.

Mike Spaul



## Church Anniversary

We have 2 celebrations this year:

Saturday 1st July we have our Coffee morning and 'Gift Day'. Come and join us for some refreshments and a chat and also an opportunity to meet with Rev Clifford to make your donation to Belfairs.

Sunday 9th July we will share in worship together at 11.00 a.m. and our service will be led by Rev Clifford Newman.

We hope that many of you will join us for both these times of celebration.

Mike Spaul



## Refreshments after worship

Thank you to those who have put there name forward to help with this extension to our worship. I am currently drawing up a rota but still welcome anyone else who would like to help us.

Thank you

Mike Spaul





SOUTHEND AND LEIGH  
CIRCUIT INVITES YOU TO  
OUR

# Wholeness & Wellbeing Service



SUNDAY 25TH JUNE 6-30 PM

HIGHLANDS METHODIST  
CHURCH SS9 3PT

For more details contact  
[southendandleighcircuit@gmail.com](mailto:southendandleighcircuit@gmail.com)

**THE UNITED SERVICE at WESLEY at 11am on 20<sup>th</sup> August 2023  
FAVOURITES**

I first thought up and introduced this style of service at Wesley in 2021 and repeated it in 2022, both times it seemed appreciated and enjoyed. I am planned at Wesley on 20<sup>th</sup>. August this year and will use the 'favourites format' for the service, but this time it is a united service for Highlands and Belfairs at Wesley.

The invitation goes out this time to all three congregations to make your requests and offers for consideration. Looking back at the 2022 Order of Service we had favourite bible readings, worship songs, stories, prayers, hymns, poems, Christian quotations and pieces of music. You are encouraged to actively take part, but others are willing to read on your behalf or explain the significance of your choice to you. Be specific eg. if you want Psalm 120 in the King James authorised version you need to say so !

We hope to have the Wesley Music Group to sing for us as well as musicians with their own instruments. Previously some people have given their own testimony as a natural outcome of their contribution.

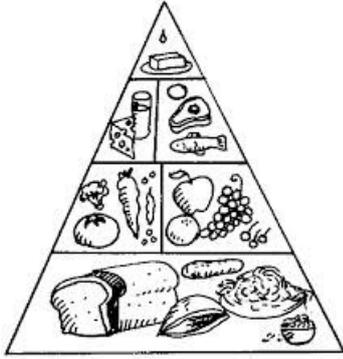
I would hope to include as many people/requests as possible from all three churches so there is a limit of five minutes per item.

Please contact me during June and July with your requests/offers/ queries.

Eileen Simmons

Tel: 472521 email: [eileen.kester.simmons@gmail.com](mailto:eileen.kester.simmons@gmail.com)

## Belfairs Youth Camp



We will be having a Youth Camp at Littlehampton Baptist Church, Littlehampton, West Sussex starting on Sunday 23rd July until Friday 28th July and we would like to ask for your support regarding items of food as this has greatly helped with finances in previous years.

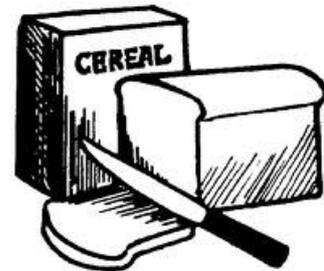
There will be a list of foods in the foyer together with an approximate cost against each item and we would ask you to write your name against a food item and put the money in the box duly marked Youth Camp 2023.

We are taking 19 children and 8 staff who need to be fed. This means 5 days of breakfast, lunches and dinners which amounts to a large shopping bill!

To give you some idea of the types of food required, below is an example of some of the meals provided.

Breakfasts: Fruit juice, cereals, toast, spread, jam, marmite, chocolate spread etc.

As alternatives on some days we provide croissants and on one morning bacon sandwiches.



Packed lunches: Rolls, eggs, ham, tuna, cheese, crisps, fruit, mini biscuit packs.

Dinners: BBQ (Burgers/Sausages), Meat balls, sausages with Yorkshire puddings, vegetables, chicken dippers, salad.

One night we give them a takeaway from the fish and chip shop - Cook gets a night off, well almost, still pudding to prepare!

This is just an idea of the meals provided while we are away and the amount of shopping we have to do. Although we take the majority of food with us, we obviously need to buy some foods almost daily for freshness.

We thank you in advance for your support and we will be thinking of you as we tuck in at meal times!!



Youth Camp Staff

Barry, Andrea, Mike, Sue, Steve, Jan, Matt and Tony

MINUTES OF THE ANNUAL CHURCH COUNCIL MEETING – 24 JULY 2

**MINUTES OF THE ANNUAL CHURCH MEETING**

**HELD ON SATURDAY 29 APRIL 2023 AT 10.30AM**

**AT BELFAIRS METHODIST CHURCH**



**1. OPENING DEVOTIONS**

The meeting was opened by a reading from Psalms 33. This was followed by a prayer.

**2. PRAYERS IN REMEMBRANCE**

Those present remembered the following in a prayer: -

Doreen Brown  
Peter Tomlin  
Phyl Sheffield  
John Beattie  
Jean Moorcroft

**3. IN ATTENDANCE**

Rev.Clifford Newman, Mrs A Froydenlund, Mrs M Bailey, Mrs D Howard, Mr P Gladman, Mrs T Gowers, Mr T Gowers, Mrs A Meek, Mr M Spaul, Mrs S Spaul, Mrs J Andrews, Miss L Gowers, Mrs P Crabb, Mr B Clark, Mr A Pace, Mrs P Pace, Mr J Halstead, Mr J Plumber, Mrs M Tomlin. Mrs W Watson.

**4. APOLOGIES FOR ABSENCE**

Mrs N Charles  
Mrs A Clark

**5. NOTIFICATION OF ANY OTHER BUSINESS**

- a) Future of Belfairs Meetings
- b) Results from Community Audit
- c) 10.00 Club

6. **MINUTES OF THE MEETING HELD ON 2<sup>ND</sup> APRIL 2022**

The minutes of the previous meeting were agreed and signed by Rev.Clifford Newman.

7. **MATTERS ARISING (NOT COVERED IN REPORTS)**

None.

8. **NEW LEADERSHIP TEAM / ELECTION OF SUNDAY STEWARDS**

All Church stewards and members of the leadership team have agreed to continue for a further year.

9. **ELECTION OF REPRESENTATIVES TO CHURCH COUNCIL AND CIRCUIT MEETING**

Mrs E Austin was unanimously agreed to become the new Data Protection Officer.

10. **REPORTS FROM ORGANISATIONS AND COMMITTEES (SOME PREVIOUSLY CIRCULATED)**

Stewards Report - Report read by Mr M Spaul. Hard copy included in the documents retained in the safe. Rev. Clifford thanked all those involved.

Pastoral - As per report received.  
In addition to the report Mrs A Meek advised the church has still not agreed a decision on same sex marriages. This will be taken to CC for a decision.  
Mrs A Meek also requested that the guidelines around the Social Media Policy be looked into by the leadership team.  
Rev. Clifford thanked all those involved.

Finance - As per reports received. Rev. Clifford thanked Mrs T Gowers.

Lettings - Report read by Mr J Plumber. It has been noted that the church is losing parties due to the costs being too high.  
  
Graduated payments have been suggested as a way to resolve this. Long term lets costs increases needs to also be reviewed. This will be taken to the Property Committee for review.

Rev. Clifford also advised it would be prudent for the Church to have a rest day.

Rev. Clifford thanked all those involved.

- Property Report - Report read by Mr T Gowers. Hard copy included in the documents retained in the safe.
- Rev. Clifford thanked all those involved in the Property Committee, especially the renovation of the foyer and the organisation of the new paraments.
- 10 O'Clock Club - Report read by Mr P Gladman. Hard copy included in the documents retained in the safe.
- Thanks were given to all who teach and help at 10 o'clock Club and for the work they show within the church services. It was also noted that the Chair of the district commented on the work done within our church for the young people.
- Rev. Clifford thanked all those involved.
- Youth Groups - Reports read by Mr B Clark. Hard copy included in the documents retained in the safe.
- Rev. Clifford thanked all those involved.
- Thirsty 4?? - Report as read by Mr P Gladman. Hard copy included in the documents retained in the safe. Special thanks were given to Mr M Spaul and Mrs S Spaul in all their support.
- Rev. Clifford thanked all those involved.
- A.C.T.I.O.N. - As per report received.
- Rev. Clifford thanked all those involved.
- Data Protection - Mrs E Austin has taken up the role of Data Protection Officer and is updating all requirements.
- Rev. Clifford thanks Mrs T Gowers and Mrs E Austin.
- Safeguarding - As per report received. Rev. Clifford thanked all those involved.
- House Group - Mr P Gladman advised they are hoping to restart soon.
- Coffee Mornings - There are new tables and chairs for the refurbished foyer.
- Badminton Club - Mr M Spaul advised there are between 8-10 people who regularly meet.

10. **ANY OTHER BUSINESS**

**Future of Belfairs Meetings**

This is now ongoing and will be open to anyone in the Church to attend.

**Review of Life and Mission Community Audit**

Rev. Clifford circulated the points taken from the community audit and asked groups of people to discuss what they thought would work moving forward.

Some ideas have already been actioned, i.e FB page, increase in coffee morning fayres, outreach to local schools etc...

Mrs J Andrews advised there will be a fundraising article in the next newsletter to encourage people to start thinking about ways in raising money for the Church.

Mrs J Andrews is organising a trip to Westminster as one example.

It was suggested that we make more of the FB page and circulate some of our advertising in the local community pages i.e Belfairs Babble. Mrs J Andrews is going to speak to a contact she has at the Babble.

A Froydenlund requested if people want things advertising i.e Fayres etc to please send her a flyer that can be copied onto FB.

### **Future of 10.00 Club**

Mr P Gladman read a report regarding the closure and sustainability of the 10.00 club. As there are a small number of children attending the 10.00 club which can sometimes lead to there being no attendees, he has looked at some options moving forward.

1 - Continue as it is currently run every Sunday at 10.00am (except Parade Service every 3<sup>rd</sup> Sunday of the month)

2 - Change it to once a month which would be the 1<sup>st</sup> Sunday of every month.

3 - Move it to 11.00am

4 - Close completely

Mrs A Meek emphasized that this was in no way a reflection of the excellent work being done in the 10 o'clock Club which she had witnessed herself last week.

Ultimately the decision will be made by Mr P Gladman and this will be decided at the next Church Council in July. Any changes made to the 10.00 club will be effective from September 2023.

### **12. DATE OF NEXT ANNUAL CHURCH MEETING**

This will be confirmed once Pastor Steve starts.

### **13. CLOSING PRAYERS**

Rev. Clifford thanked all those for their involvement in the running of the life and work of the Church.

There being no other business Rev. Clifford closed the meeting with a prayer at 11.50am.

**Signed:** \_\_\_\_\_

**Dated:**

Before you judge: *Understand why*

Before you quit: *Try*

Before you spend: *Earn*

Before you take: *Give*

Before you speak: *Listen*

Before you die: *Live*

Life is short, Time is fast.  
No replay, No rewind.  
So enjoy every minute as it comes.

Life is boring if you don't laugh, joke around and be a little crazy every now and then. At the end of the day it's about being happy.

What does it mean to hold space for someone else?  
It means that we are willing to walk alongside another person in whatever journey they're on without judging them, making them feel inadequate, trying to fix them, or trying to impact the outcome. When we hold space for other people, we open our hearts, offer unconditional support and let go of judgement and control.

God is saying to you today rest in Me. I am already at work in your life.  
I will turn around every bad situation in your life. I will bless you and your family and I will heal what needs to be healed. Amen

As long as you feel pain, you're still alive.  
As long as you make mistakes, you're still human  
As long as you keep trying, there's still hope.

Problems are like washing machines. They twist, spin and knock us around, but in the end we come out cleaner, brighter and better than before.

# The Salvation Army



LEIGH-ON-SEA CORPS  
ELM ROAD LEIGH-ON-SEA SS9 1SP

**SATURDAY 24 JUNE 2023**  
**AT 6.30 PM**

## CHELMSFORD CITADEL BAND

BANDMASTER ALEX CAMPBELL OBE

*In concert*



## MUSIC FOR A *Summer Evening*

ADMISSION FREE & A COLLECTION DURING THE CONCERT

ALL PROCEEDS TO SUPPORT THE WORK OF  
THE SALVATION ARMY

FOR MORE INFORMATION CONTACT:

THE SALVATION ARMY

CAPTAIN ROBERT DAVIS CORPS OFFICER ELM ROAD LEIGH-ON-SEA SS9 1SP

TELEPHONE NUMBER: 01702 716607

Registered Charity Numbers: 215174 and 214779 (England and Wales)

BELFAIRS METHODIST CHURCH Eastwood Road North, Leigh-on-Sea, Essex.

## **REGULAR WEEKLY MEETINGS :**

**SUNDAY SERVICES** 11.00 a.m. (6.30 p.m. as announced)

10 O'clock Club            10.00 a.m. (except 3rd Sunday Parade Service)

**MONDAY**  
6.00 p.m.    Boys' Brigade Anchor Boys  
6.00 p.m.    Boys' Brigade Junior Section  
7.30 p.m.    Boys' Brigade Company Section

**TUESDAY**            8.00 p.m.    Badminton Club

**WEDNESDAY**    10.00 a.m.    Parent & Toddlers  
5.30 p.m.    Girls' Brigade Explorers & Juniors  
7.00 p.m.    Girls' Brigade Seniors & Brigaders

**THURSDAY**

**FRIDAY**

**SATURDAY**            10.00 a.m.    'Open House' Coffee Morning - first Saturday of the month

## **MONTHLY MEETINGS**

Thirsty For??                            7.00 p.m.    2nd Thursday  
A.C.T.I.O.N                                2.00 p.m.    4th Thursday  
House Groups                            7.30 p.m.    2nd Tuesday - Please speak to Stewards for  
more details.

### **July/August Deadline:**

Articles are welcomed at any time, but the deadline for last minute items is **18th June 2023.**

Articles can be e-mailed to [sue.spull@hotmail.co.uk](mailto:sue.spull@hotmail.co.uk) or placed in the newsletter box in the front foyer. Thank you