

Belfairs Methodist Church

Where old friends meet and strangers feel at home

Newsletter

Issue 2024

July/August 2024

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Thought for the month

You are my place of quiet retreat
I wait for your word to renew me.

Data Protection Privacy

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If you do **NOT** want your name to be published, please advise the Editor when submitting the article.

Please read our Privacy Policy for further information. This can be found on the church website or on our church noticeboards.

Our mission is to provide an open, welcoming and accepting, living place of Christian worship and service in our community, in which we seek to serve and follow Jesus Christ.

www.belfairsmethodistchurch.org.uk



I wonder what goes through your mind when you think of the word confession?

For many, when they hear '*confessing your sin*', they think it's reserved for monks in a monastery, or of paying penance to God by entering a church confessional.

However, the Bible teaches us it is an important practice for the life of *every* Christian. The answers to the questions below about confession in the Bible, may surprise you:

What does the Bible say about confession?

What will happen if we don't confess our sins?

Psalms 32 offers us several powerful reasons to confess our sins and shows us the consequences of unconfessed sin. King David felt weak and was miserable when he did not confess. Verses 3-4 says; *"For when I kept silent, my bones wasted away through my groaning all day long. For day and night your hand was heavy upon me; my strength was dried up as by the heat of summer."*

Before confessing his sin, David was exhausted. Why? Because the life was being drained out of him by sin. If you do not weaken sin, it saps your spiritual strength. It weakens you!

So why should we confess our sins?

In addition to avoiding the negative effects of unconfessed sin, biblical confession is a way to experience more of God's grace. In some ways, biblical confession should be a joy due to the rich benefits God gives us through it.

1 John 1:9 says, *"If we confess our sins, he is faithful and just to forgive us our sins and to cleanse us from all unrighteousness."*

This doesn't mean that God will forgive a sin only if it has been specifically confessed. When a Christian repents all of their sins, past, present, they are immediately forgiven!

So why do we need to confess our sin, if God already knows them?

We confess our sins to God to practice humility and to confess or 'fess up' as they say today, to the wrong things we have done. It takes a humble person to admit their mistakes! So, humility is a vital part of confession. There is a saying which says; *'Humility is not thinking less of one's self, its thinking of one's self less.'* Humility takes the focus off of us, and places it on others.

So, as we come before God, is there anything in our lives that we need to confess to Him so that the Holy Spirit can have free and unhindered access to our lives, enabling His grace to freely and completely forgive us? Enabling us to live; *'life to the full.'* [John 10:10b]

Every blessing,

Pastor Steve

pastorstevemayo@gmail.com

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Sunday Services July 2024

7th	11.00 a.m.	Mr. Mike Spaul
14th	11.00a.m. <u>6.00 p.m.</u>	Pastor Steve Mayo - Church Anniversary Circuit Service at Rayleigh Methodist - Farewell to Rev. Dr. Calvin Samuel
21st	11.00 a.m.	Ms. Deborah Spinks - Parade Service
28th	11.00 a.m.	Rev. Agnes Sam - Holy Communion

Other July dates for your diary

6th	Coffee morning at 10.00 a.m. - Pam and John Plummer
6th	'Board to Death@ and dinner theatre murder mystery at 7.00 p.m. at Wesley Methodist, Tickets £10 (See poster for more information)
11th	Thirsty For?? at 7.00 p.m. - Café style worship - all are welcome.
12th	Battle of the Boyne (N. Ireland)
13th	Coffee Morning and Gift Day for church anniversary, followed at Midday by BBQ with the Southend Brass Band (please see poster for more information)
20th	Coffee morning at 10.00 a.m. - Margaret Bailey & Ami
25th	A.C.T.I.O.N at 2.00 p.m. - All are welcome
28th	Youth Camp to Littlehampton (please see letters page for more information)

Point of Contact

Below is shown details of the Sunday Stewards, Communion Stewards, Musician, Flower Rota and coffee/tea stewards relevant for this month.

Sunday 7th July

Sunday Steward a.m. - Jan Andrews

Musician a.m. - Sue & Mike Spaul

Coffee/tea stewards a.m. Sue Spaul & Ann Kendall

Sunday 14th July

Sunday Steward - Phil Gladman

Musician - MIDI file/backing tracks

Flowers - Pam & John Plummer - in memory of Tony's birthday -

arranged by Anthea

Coffee/tea stewards Mike Spaul & Phil Gladman

Sunday 21st July

Sunday Steward a.m. - Mike Spaul

Musician a.m. - Mike/MIDI Box

Coffee/tea stewards Jan Pope & Jackie Heinrich

Sunday 28th July

Sunday Steward a.m. - Phil Gladman

Musician - Anthea Meek

Communion Stewards - Neeltje Charles & Dawn Howard

Flowers - V A C A N T - arranged by Jan

Coffee/tea stewards Margaret Bailey & Marion Hammond



CHURCH ANNIVERSARY 2024

Our anniversary this year will take place over the weekend of 13th and 14th July.

Saturday 13th July

Coffee morning (10a.m. to midday) and

Gift time for Belfairs with Pastor Steve Mayo (10a.m. to 11a.m.)

Barbecue from midday onwards open to all. This will take place (subject to weather) in the car park or the John Wesley hall. We will be entertained by the **Southend Brass Band** who will play two sessions.

Sunday 14th July

Pastor Steve Mayo will host our morning anniversary worship at 11a.m. followed by tea and coffee after the service.

**Please put these dates in your diaries
and we look forward to a wonderful weekend
of celebration together.**

Sunday Services for August 2024

4th	11.00 a.m.	Mr. Paul Saunders
11th	11.00a.m.	Pastor Steve Mayo
18th	11.00 a.m.	<u>United Service at Wesley</u> - Pastor Steve Mayo
25th	11.00 a.m.	Mr. Bob Briant - Holy Communion

Other August dates for your diary

2nd	Return from Youth Camp
3rd	Coffee Morning - Barbara & Steve Rayner
8th	Thirsty For?? at 7.00 p.m.
26th	Summer Bank Holiday



Advance Notice: Monday 2nd September - Welcome Service for Rev. Steve Mayo at Wesley Methodist at 7.30 p.m. led by Rev Dr. David Chapman, Chair of the District.

Point of Contact

Below is shown details of the Sunday Stewards, Communion Stewards and musicians relevant for this month.

Sunday 4th August

Sunday Steward a.m. - Jan Andrews

Musician a.m. - MIDI Box

Coffee/tea stewards a.m. Ann Kendall & reserve

Sunday 11th August

Sunday Steward a.m. - Phil Gladman

Musician - MIDI/Backing tracks

Flowers - V A C A N T - arranged by Jan Andrews

Coffee/tea stewards Jan Pope & Jackie Heinrich

Sunday 18th August

United service at Wesley

Sunday 25th August

Sunday Steward - Mike Spaul

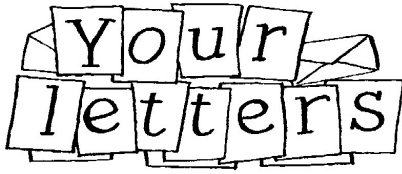
Musician - Patrick Dromgoole

Communion Stewards - Neeltje Charles & Jim Halstead

Flowers - V A C A N T - arranged by Anthea Meek

Coffee/tea stewards Sue Spaul & Margaret Bailey

Letters Page/Church family news



Dear friends,

Thank you everybody for the cards with best wishes and love for my 90th birthday. I had a wonderful day.

David



To all my friends at Belfairs,

I was so surprised and delighted to receive a gift from the church recently. I did not know what to spend it on?

I have decided to have painting done that I can pass on to family.

Pat Crabb has a lady in her group who will do it for me.

I will let you know how it goes.

Many thanks for the gift.

Love
Sylvia

Youth Camp 2024 28th July - 2nd August

It is now not long until we go to Littlehampton for this years youth camp. We would like to thank all those who have sponsored food items for us, it is greatly appreciated. There are a few items left and your continued support would be wonderful.

We leave for camp on Sunday 28th July at approximately 10 a.m. and if you would like to wave us off, it would be great to see you.

Your thoughts and prayers while we are away with the young people would also be appreciated.

Thank you once again for your continued support.

Barry, Andrea, Mike, Sue, Jan, Steve, Tony, Matt.

July birthdays

For all of you who celebrate birthday/anniversaries, or remember loved ones during this month, the following is for you, although of course everyone can read it!

Jesus Saviour, grant that we may be
Unselfish and understanding towards others
Let our hearts be filled with God's love and
Your spirit fill us with your peace.

Ed.



Please remember you are free to put your prayer concerns on the board at the back of the church. If it is not for you, please make sure you have the named persons consent .

Please add your name and date to the request on the reverse of the white cards provided which are by the board. These will be removed after two months, but can be updated if necessary
(please make sure you re-date the update).

If you have any questions or queries, please speak to Sue.



August birthdays

For all of you who celebrate birthday/anniversaries, or remember loved ones during this month, the following is for you, although of course everyone can read it!

A lmighty God, our hearts are restless
U ntil they find their rest in you
G od bless us and dwell within us and provide
U nderstanding of your word
S o may we know you and love you
T hat we may find true peace

Ed.

I'm just me.

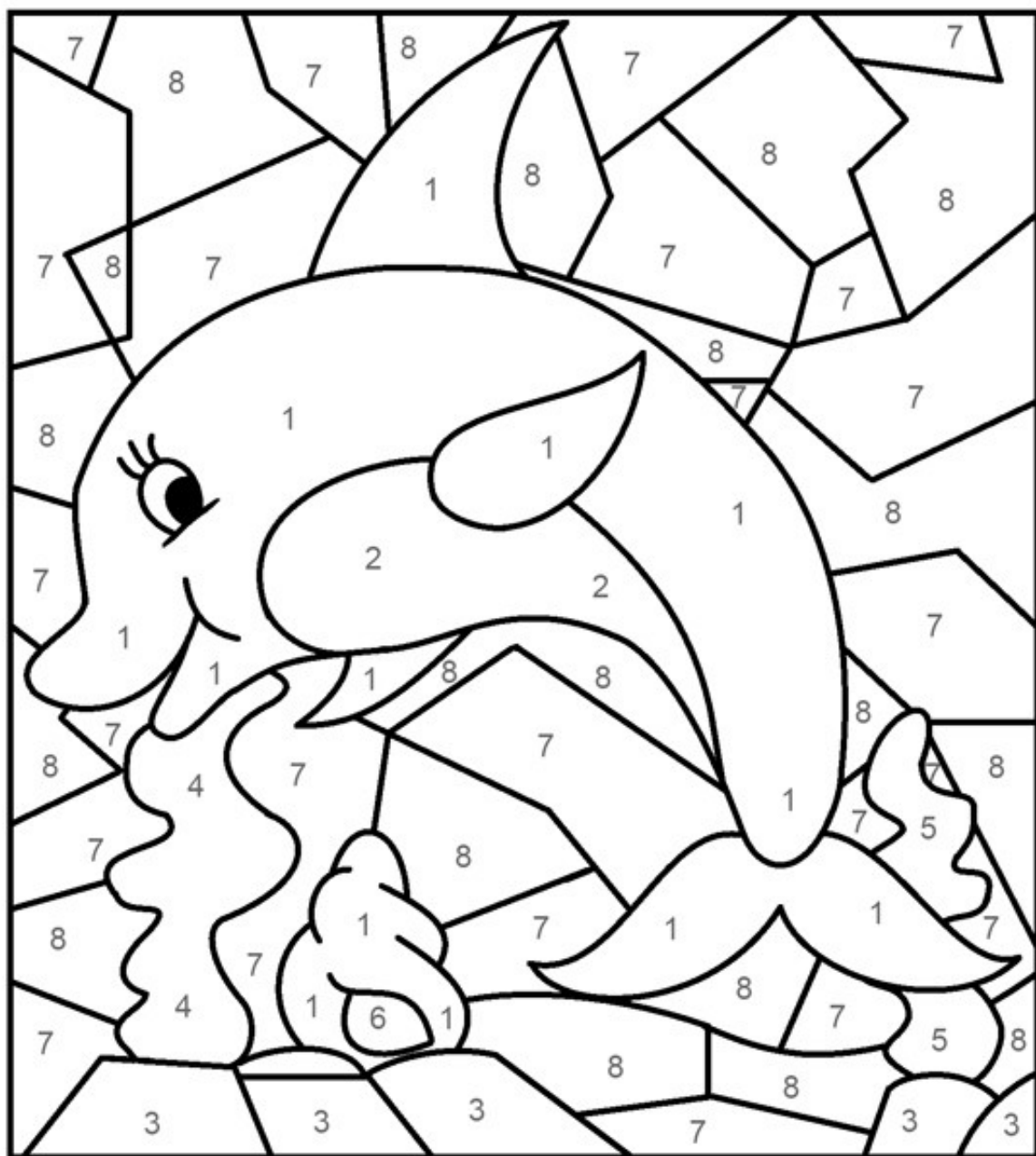
I'm not perfect. I'm me.
I've made bad decisions and wrong choices, but I'm me.
I've said wrong things. I've said right things, because I'm me.
I don't like everything I've done, but I did it because I'm me.
I've loved the wrong people and trusted the wrong people and I'm still me.
If I had a chance to start again, I wouldn't change a thing.
Why? Because I'm me.
There are a lot of good things about me;
You just need to look past the imperfections to see what's right.
If you can't do that then it's your loss.
I'm the best I can be. I am me.

Ed.

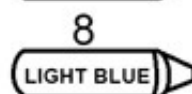
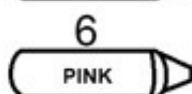
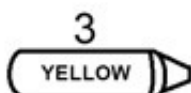
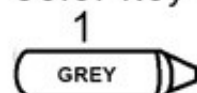
Name:

Date:

DOLPHIN



Color Key



Mountains in the Bible

B X S S R N C M O R I A H D K M M
 M R E H O L C T B N O M L A Z R P
 M I P I A N M M O A A B A R I M F
 R K Z K C P A R Z V A Q C K G L P
 M C R A H S H R L I X L T Q E M O
 M O M L W P I E A F A Z A P R B L
 H N Y A E T N N R P Y N H H I E I
 N R T H B K L T A T L R I X Z R V
 D A E L I G V Z K T A A S S I O E
 P G R J E A R I M I O I C D M H T
 E V P M R O N Z M B O O B E N J X
 R H B R O B H O L N G L H V F M B
 A E E X B E E I N I L Q P F R R N
 Z R T P A N G B L A C A R M E L Y
 I M H K T G Q B A W B M S E R E H
 M O E L R W O T N L R E M D Q L P
 Q N L D N A D H M V G R L C M W Q

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Abarim	Gilboa	Jearim	Seir
Baalah	Gilboa	Lebanon	Shapher
Bethel	Gilead	Moriah	Sina
Carmel	Halak	Nebo	Sinai
Ebal	Heres	Nebo	Sion
Ephraim	Hermon	Olivet	Tabor
Ephron	Hor	Paran	Zalmon
Gerizim	Horeb	Perazim	Zion

Are you a budding Photographer? Do you like taking photo's on your mobile?

The "Who's who" board, in the rear foyer, desperately needs updating and we would like a duplicate in the front foyer too. We really need someone to take photos, of those people in key roles, and then display them along with their name and job role i.e. Andrea Clarke – GB Captain & 10 O'clock club leader. They photos will need to be updated when someone changes role or needs an updated photo for whatever reason.

Is there anyone who could undertake this for us? It could even be one of you teenagers!

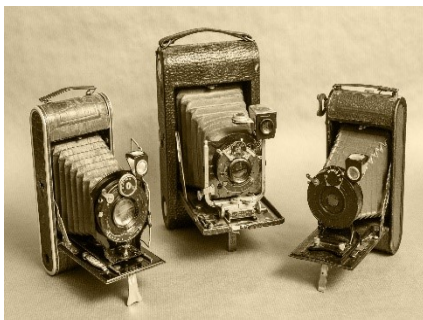
If you could do this, please see myself, or email / ring me, and I can give you a list of people. How you display the photos and details, are entirely up to you. It will be good to have something different.

Many thanks

Tina

TinaGowers@sky.com

Mobile 07713179111



5 Deadly terms used by a woman

1. FINE: this is the word women use to end an argument when she knows she is right and you need to shut up.
2. NOTHING: means something and you need to be worried.
3. GO AHEAD: this is a dare, not permission, do not do it.
4. WHATEVER: a woman's way of saying 'go annoy someone else!'
5. THAT'S OKAY: She is thinking long and hard on how and when you will pay for your mistake.

BONUS WORD: WOW!: this is not a compliment. She's amazed that one person could be so Stupid.

Ed.

Lord,
When I feel weak, please be my
strength.
When I am weary, be my rest.
When I am anxious, be my peace.
When I am sad, be my joy.
When I am lonely, by my companion.
When I am gripped by doubt, give me
faith.
When I miss my family, sit with me.
When I am in pain, be my healer.
When I am impatient, be my patience.
When I am confused, still me.
When I am angry, soothe me.
When I feel broken, hold me.
When the future feels uncertain, keep
my eyes on you.
When the waves crash in, lift me up.
When the storms rage, calm the waves.
When my heart is broken, mend me.
In everything be my all in all.
I need you more than I can say
But thank you that you love me more
than I could ever understand.

You are my enough.
Let me rest in your rest
And stand in your strength

Amen

O matter how bad your life may seem, there are millions of other people who have it ten times worst than you. So thank God for all your blessings big and small. Amen

Do things for people not because of who they are, or what they do in return, but because of who you are.

I am wonder woman
I wonder where I left my keys
I wonder where I left my purse
I wonder where my money went.

Life is a gift. Be thankful every day.
Life is a book. Be the author and make each chapter of it special.
Life is good. Smile and laugh every day.
Life is beautiful. See it with awe and wonder.
Life is about love. Love others and love life.

Me - throws in the towel
God - throws it back.

Life is about balance. You don't always need to be getting stuff done. Sometimes it's perfectly okay, and absolutely necessary, to shut down, kick back, and do nothing.

No matter how happy someone may seem, they have moments when they question if they can go on. No matter how confident someone may look, there are times when they feel unsure and insecure. And no matter how strong someone may appear, they have days when they feel like they're falling apart. Never think for a moment you're alone with your struggles. You are not a mess. You're Human. **Keep Going !**

I believe in the sun even when it's not shining.
I believe in love even when I'm alone.
I believe in God even when he is silent.



Come and join Mike, Sue
and team at BELFAIRS
METHODIST CHURCH
SS9 4NG.

FRIDAY 27th September
From 10 a.m. to 1 p.m.
Tea, Coffee, Cakes and
friends to share with.

Sit and relax or pop in for a
take away, whichever suits
you.
Come and support a good
cause.



Organised in aid of Macmillan Cancer Support, registered charity in England and Wales (261017), Scotland (SC039907) and the Isle of Man (604). Also operating in Northern Ireland.

WORLD'S BIGGEST
COFFEE
MORNING

Fundraising for

MACMILLAN
CANCER SUPPORT

REGULAR WEEKLY MEETINGS :

10 O'clock Club 10.00 a.m. (1st Sunday of the month)

TUESDAY 8.00 p.m. Badminton Club

THURSDAY

FRIDAY

SATURDAY	10.00 a.m. 'Open House' Coffee Morning - first Saturday of the month
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MONTHLY MEETINGS

Thirsty For??	7.00 p.m.	2nd Thursday
A.C.T.I.O.N	2.00 p.m.	4th Thursday

September Deadline:

Articles are welcomed at any time, but the deadline for last minute items is **18th August 2024**.

Articles can be e-mailed to sue.spaul@hotmai.co.uk or placed in the newsletter box in the front foyer. Thank you